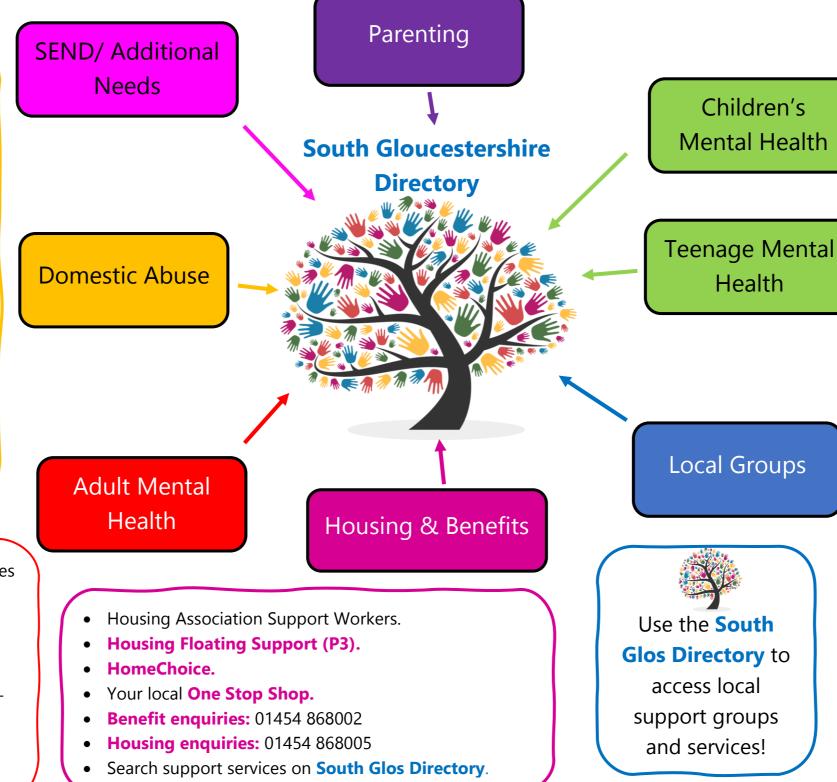
- Meet with school/nursery to discuss the issues/worries you have.
- Local support groups Supportive Parents, South Glos Parents/Carers, (further SEND web links are on the South Glos Directory
- Seek advice from Health Visitor, GP, SALT (Speech and Language Therapist), Portage.
- Search support services on **South Glos Directory**.

- Talk with your school/nursery about getting some help and support.
- Community based resources, e.g. Resound, Bourne Family Project, **Parent Buddies, Southern Brooks**
- South Gloucestershire **Parenting Groups** run by Families Plus
- Caring for Communities and People (CCP) www.ccp.org.uk •
- Children's Centres Facebook Page South Gloucestershire Children's Centres
- Find more details –South Glos Directory

- Next Link 0800 470 0280 Provide a range of support and advice services to anyone (women, men, children) who has been the victim of domestic abuse.
- Julian House Provide support for children and young people who have experienced historical domestic abuse and may need support. Referrals from professionals only.
- Womankind 0345 458 2914 or 0117 916 6461
- Men's Advice Line 0808 8010327
- Search support services on South Glos Directory.
- Talk to your GP about your worries to access some support.
- South Gloucestershire Talking Therapies: Self-referral via the Tel - 0333 200 1893
- **One You South Gloucestershire -**• https://oneyou.southglos.gov.uk/
- Search support services on **South Glos Directory**.



Created by The Compass Team March 2021

## South Gloucestershire Council

Speak with your child's school/nursery to see what can be done in school to support your child. • Speak to your GP about your worries. • Mind You http://sites.southglos.gov. uk/mind-you/ • Hub of Hope: www.hubofhope.co.uk Read books from the **library** with your child. • Off The Record www.otrbristol.org.uk. NHS Website • www.nhs.uk/oneyou/everymind-matters/childrensmental-health/ Use South Glos Directory to search other local groups and charities (QR Code below!) Scan here using your camera

to access the South Glos **Directory!** 



find-information-for-adults-childrenfamilies.southglos.gov.uk